



# ERASMUS+

## SECONDARY SCHOOL PROGRAMMES TEACHERS & STUDENTS





# SECONDARY SCHOOL PROGRAMMES TEACHERS & STUDENTS

OUR ERASMUS + PROGRAMMES ARE IDEAL FOR GROUPS OF HIGH SCHOOL STUDENTS AND/OR TEACHERS WHO WOULD LIKE TO TAKE PART IN A KEY ACTION 1 (KA1) PROJECT. IF YOUR INSTITUTION IS ACCREDITED FOR THE 2021-2017 ERASMUS PROGRAMME, THESE READY-MADE COURSES ARE IDEAL TO ALLOW BOTH YOUR TEACHERS AND STUDENTS TO PARTICIPATE IN ENGAGING PROJECTS IN OUR SCHOOL IN GALWAY, IRELAND.

THE CONTENT OF THESE PROGRAMMES IS BASED ON THE NEW PRIORITIES FOR 2021-2027, WHICH ARE:

- INCLUSION AND DIVERSITY
- DIGITAL TRANSFORMATION
- PARTICIPATION IN DEMOCRATIC LIFE
- ENVIRONMENT AND THE FIGHT AGAINST CLIMATE CHANGE

ALL OF THE COURSES INCLUDE PROJECT WORK AND WILL GIVE YOU THE OPPORTUNITY TO LEARN USING THE PRINCIPLES OF TASK-BASED LEARNING, ALLOWING YOU TO ENGAGE IN THE CONTENT AND EXPAND YOUR KNOWLEDGE OF THE TOPIC WHILE IMPROVING YOUR COMMUNICATION AND LANGUAGE SKILLS.

THE TEACHER PROGRAMMES WILL ALLOW YOU TO COME AWAY WITH PRACTICAL IDEAS AND MATERIALS TO ENHANCE YOUR TEACHING PRACTICE. THE STUDENT PROGRAMMES AIM TO OPEN LEARNERS' EYES TO THE COMPLEXITIES OF THE TOPIC, MOTIVATE THEM TO ENGAGE WITH THE THEMES, AS WELL AS ENCOURAGE LANGUAGE DEVELOPMENT AND COMPETENCE.

IF YOU ARE INTERESTED IN COOPERATING WITH US ON A MORE BESPOKE PROJECT, PLEASE CONTACT OUR HEAD OF SPECIAL PROJECTS:  
**ALEX MACKENZIE - [ALEXANDER.MACKENZIE@ATLANTIC.AC](mailto:ALEXANDER.MACKENZIE@ATLANTIC.AC)**

# STUDENT PROGRAMMES

THESE PROGRAMMES ARE AIMED AT GROUPS OF SECONDARY SCHOOL STUDENTS WHO WOULD LIKE TO DEVELOP THEIR UNDERSTANDING OF NEW ERASMUS+ PRIORITIES FOR 2021-2027. THE COURSES INCLUDE A ONE WEEK BLENDED LEARNING COMPONENT TO HELP YOU PREPARE FOR YOUR STUDIES AND TWO WEEKS STUDY AT OUR SCHOOL IN GALWAY, IRELAND.

ALL OF THESE COURSES ARE SUITABLE FOR PARTICIPANTS AT A B1 LEVEL OF ENGLISH OR ABOVE.

## ALL COURSES INCLUDE:

- PRE-ARRIVAL BLENDED LEARNING
- SHARED ROOM, FULL-BOARD ACCOMMODATION IN HOMESTAY
- AIRPORT TRANSFER FROM DUBLIN AIRPORT\*
- 2 WEEK ON-SITE COURSE AS PER SAMPLE\*\*
- PROGRAMME MATERIALS AND CERTIFICATE OF ATTENDANCE
- FULL ACTIVITY PROGRAMME AS PER SAMPLE\*\*
- COMMUTER BUS PASSES FOR THE DURATION OF THE STAY
- 1 FREE GROUP LEADER PER 15 STUDENTS
- WELCOME PACK
- 24-HOUR EMERGENCY NUMBER

\*MINIMUM 15 STUDENTS

\*\* PROGRAMMES ARE SAMPLES, SUBJECT TO CHANGE

# ERASMUS+ CLIMATE CHANGE: THINK GLOBALLY, ACT LOCALLY

WHY SHOULD WE CARE?

DO YOU CARE ABOUT THE CLIMATE CRISIS? HOW GREEN ARE YOU? WHAT HAPPENS IF WE DON'T ACT?

LISTEN TO THE SCIENCE

GRETA SAID IT FIRST, 'LISTEN TO THE SCIENCE'. YOU CAN'T ARGUE WITH THE BARE FACTS.

INTERNATIONAL CLIMATE AGREEMENTS

ARE THEY WORTH THE PAPER THEY ARE WRITTEN ON? WHAT DO THEY ACTUALLY SAY?

YOUR CARBON FOOTPRINT

HOW TO CALCULATE YOUR CARBON FOOTPRINT AND HOW TO REDUCE IT.

FACTORY FARMING: SHOULD THE WORLD GO VEGAN?

THE IMPACT OF FACTORY FARMING. WOULD IT EVEN BE PRACTICAL IF THE WHOLE WORLD WENT VEGAN?

CLIMATE CHANGE DENIAL

SOME PEOPLE THINK CLIMATE CHANGE IS A HOAX. WHY?

THE ACTIVISTS MAKING A DIFFERENCE

CASE STUDIES OF ACTIVISTS FROM AROUND THE WORLD AND WHAT THEY ARE DOING TO FIGHT CLIMATE CHANGE.

THE ROLE OF DECISION MAKERS

ARE THEY DOING ENOUGH? WHAT SHOULD THEY BE DOING?

WHEN WILL WE REACH TIPPING POINT?

WHAT WILL WE REACH THE POINT OF NO RETURN? 1.5 DEGREE TEMPERATURE INCREASE? 2 DEGREES? ARE WE ALREADY THERE?

## PROJECT OBJECTIVES

THIS PROJECT-BASED LEARNING PROGRAMME CONSISTS OF A PRE-ARRIVAL BLENDED LEARNING COURSE, GUIDED WORKSHOPS AND A GROUP RESEARCH PROJECT. IT IS DESIGNED TO ALLOW:

- PARTICIPANTS TO EXPLORE TOPICS SURROUNDING CLIMATE CHANGE
- THE IMPACT WE CAN MAKE AS INDIVIDUALS
- INVESTIGATION INTO WHAT INTERNATIONAL AGREEMENTS ARE IN PLACE AND WHAT THEY MEAN
- SPECULATION ON THE FUTURE

## PRE-ARRIVAL BLENDED LEARNING COURSE

PRIOR TO ARRIVAL, PARTICIPANTS WILL BE ASKED TO COMPLETE A BLENDED LEARNING COURSE WHICH CONSISTS OF A COMBINATION OF ASYNCHRONOUS AND SYNCHRONOUS TEACHING AND LEARNING. THIS COURSE WILL PREPARE THE PARTICIPANTS TO TAKE PART IN THE PROJECT BY EXPLORING SOME OF ITS CENTRAL THEMES.

## GROUP PROJECT SESSIONS

THROUGHOUT THE 2-WEEK PROGRAMME PARTICIPANTS WILL WORK TOGETHER IN SMALL GROUPS TO RESEARCH AND INVESTIGATE A TOPIC WHICH THEY WILL PRESENT ON THE FINAL DAY. PARTICIPANTS WILL BUILD E-PORTFOLIOS AND RECORD DAILY VIDEO DIARIES OF THEIR REFLECTIONS, LEARNINGS AND EXPERIENCES

# ERASMUS+ HIGH SCHOOL PROGRAMME

## CLIMATE CHANGE: THINK GLOBALLY, ACT LOCALLY



### Sample itinerary

CLASS TIMES	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Arrival & introduction to host family	Programme orientation	Listen to the science	International climate agreements	Your carbon footprint	Factory farming: should the world go vegan?	Full Day Excursion to Aran Islands (video diaries)
		Why should we care?	Form project groups				
		Walking Tour of Galway city	Team-building Activity	½ day excursion	Group project workshop	Group project workshop	
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Free Day	Climate change denial	The activists making a difference	The role of decision makers	When will we reach the tipping point?	Presentation of group action projects & end of programme reflections	Departure
		Group project workshop	Yoga & Mindfulness Workshop	½ day excursion	Group project workshop	Free time	



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# ERASMUS+ SENSE AND SUSTAINABILITY

## GREEN SKILLS

ARE YOU A GREEN CITIZEN?  
DO AN AUDIT OF YOUR CHOICES AND MAKE A PERSONAL PLAN FOR CHANGE  
LEARN HOW TO GET INVOLVED IN IMPACTFUL INITIATIVES ON A LOCAL AND GLOBAL LEVEL  
EXPLORE CITIZEN SCIENCE AND PEER EDUCATION  
JUST WHAT IS BIODIVERSITY AND WHY IS IT IMPORTANT? MEET A BEE-KEEPER TO FIND OUT

## FOOD SUSTAINABILITY

DO YOU KNOW WHERE YOUR FOOD COMES FROM? DO YOU KNOW WHO PRODUCED IT AND HOW? HOW MUCH FOOD DO YOU WASTE? THE PACKAGING IS PRETTY BUT WHAT'S IT MADE OF? LEARN HOW TO MAKE BETTER CHOICES

## FAUX SUSTAINABILITY

MANY BRANDS CLAIM TO BE SUSTAINABLE. LEARN TO TAKE A CRITICAL LOOK AND ASSESS HOW VALID THESE CLAIMS REALLY ARE

## WHAT ARE YOU WEARING? FASHION FOCUS

INVESTIGATE THE ENVIRONMENTAL & SOCIAL IMPACT OF FAST FASHION AND EVER-INCREASING CLOTHING CONSUMPTION.  
EXPLORE ALTERNATIVES AND LEARN WHAT HAPPENS WHEN YOU CLICK 'ADD TO CART'

## CLIMATE ACTION: COMMUNICATION FOR CHANGE

LEARN HOW TO CONNECT WITH A DIGITAL AUDIENCE  
EXPLORE IDEAS AND STRATEGIES FOR IMPLEMENTING CHANGE  
HOW IS THE CLIMATE EMERGENCY REPRESENTED IN THE MEDIA?  
WHAT ACTION CAN YOU TAKE?

## MARINE LIFE: WHAT'S HAPPENING AT SEA?

EXAMINE THE UPSIDES AND DOWNSIDES OF PLASTIC. ARE YOU CONTRIBUTING TO THE PLASTIC POLLUTION OF OUR SEAS? MAKE A PLAN TO REDUCE YOUR DEPENDENCY ON PLASTIC

## PROJECT OBJECTIVES

THIS PROJECT-BASED LEARNING PROGRAMME CONSISTS OF A PRE-ARRIVAL BLENDED LEARNING COURSES, GUIDED WORKSHOPS AND A GROUP RESEARCH PROJECT. IT IS DESIGNED TO ALLOW:

- THE OPPORTUNITY TO INVESTIGATE AND UNDERSTAND THE IMPLICATIONS THEIR INDIVIDUAL CHOICES HAVE ON THE ENVIRONMENT AND OTHERS
- PARTICIPANTS TO LEARN TO MAKE INFORMED CHOICES, RESOLVE CHALLENGES AND PLAY AN ACTIVE ROLE IN CREATING A MORE SUSTAINABLE WORLD
- THE DEVELOPMENT OF CRITICAL THINKING AND COLLABORATION SKILLS WHILE LEARNING

## PPRE-ARRIVAL BLENDED LEARNING COURSE

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# ERASMUS+ MINI-STAY PROGRAMME

## SENSE AND SUSTAINABILITY

Sample itinerary



CLASS TIMES	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Arrival & introduction to host family	Programme orientation	Green Skills Workshop 1	What are you eating? Food sustainability	Visit to organic farm & food market	A Critical Look: Faux sustainability Investigating sustainability credentials	Full Day Excursion to Aran Islands (video diaries)
		Meet with partner school group			Q & A with producers		
		Sustainability self - assessment	Form project groups				
		Walking Tour of Galway city	Team-building Activity	½ day excursion	Group project workshop	Group project workshop	
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Free Day	What are you wearing? Fashion Focus	Climate Action Communication for change	Marine Life: What's happening at sea?	Green Skills Workshop 2 Eco-choices	Presentation of group action projects & end of programme reflections	Departure
		Group project workshop	Yoga & Mindfulness Workshop	½ day excursion	Group project workshop	Free time	



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# ERASMUS+ DIGITAL TECHNOLOGY FOR LEARNING

## DIGITAL NATIVE: NEEDS ANALYSIS

### WHAT IT MEANS TO BE A DIGITAL NATIVE

ENCOURAGING LEARNERS TO EXAMINE THEIR DIGITAL ACTIVITY AND ONLINE HABITS AND CONSIDER THE BENEFITS AND DRAWBACKS, AND BEGIN TO EXPLORE THE LEARNING BENEFITS OF THE TIME AND ENERGY THEY SPEND ONLINE – REFLECTING ON THEIR INTERESTS, LEARNING STYLES AND BEGIN TO FIND RESOURCES AND NETWORKS TO HELP THEM DEVELOP AS PEOPLE AND IMPROVE THEIR SKILLS IN AREAS OF INTEREST.

## VIRTUAL TOUR

USING AUGMENTED REALITY TECHNOLOGY TO CREATE AN INTER-ACTIVE VIRTUAL TOUR OF THE CITY, BASED ON THEIR IN-PERSON EXPLORING CREATIVE TASK PROMOTING FAMILIARITY AND CULTURAL EXPLORATION COMBINED WITH DIGITAL INNOVATION AND DEMONSTRATION OF INTERACTIVE AR TECHNOLOGY.

## AN ONLINE CONSCIENCE

GUIDE TO BEST PRACTICES AND BEHAVIOURS ONLINE; PRODUCTIVITY AND MENTAL HEALTH INPUT; AVOIDING BULLYING AND DISCRIMINATION AND PROMOTING POSITIVE 'ONLINESS'

## SOCIAL MEDIA LEARNING

DEMONSTRATION OF LEARNING RESOURCES ON SOCIAL MEDIA, TAILORED TO GROUPS' ACTIVITIES BASED ON DAY 1 QUESTIONNAIRE  
AIMING TO PROMOTE POSITIVE INTERACTIONS ON SOCIAL MEDIA AND ENGLISH LANGUAGE ACQUISITION AND PRACTICE THROUGH POPULAR CULTURAL CHANNELS AND NETWORKS; AND A CRITICAL EVALUATION OF SOCIAL MEDIA PROS AND CONS.

## DIGITAL LEARNING RESOURCES

VIRTUAL OR CLASSROOM PRESENTATION FROM AN EDUCATIONAL TECHNOLOGY DEVELOPER, FOLLOWED BY PRACTICE WORKSHOP AND FEEDBACK SESSION  
PROMOTING CRITICAL ASSESSMENT OF LEARNING RESOURCES AND TEAM COLLABORATION ON FEEDBACK.

## DIGITAL VOCABULARY BUILDING

DEMONSTRATION AND PRACTICE AND EVALUATION OF VARIOUS VOCABULARY BUILDING TOOLS; TRIALLING AND REVIEW, INCLUDING BEST PRACTICE FOR DIGITAL VOCABULARY BUILDING  
PROMOTES SELF-GUIDED LEARNING AND OWNERSHIP OF OWN VOCABULARY BUILDING AND MAKING INFORMED CHOICES ON DOING SO, IN ADDITION TO CREATING AWARENESS OF THE BEST WAY EACH LEARNER CAN DEVELOP THEIR VOCABULARY.

## VIRTUAL REALITY WORKSHOP

USING VIRTUAL-REALITY CONSOLES (FREE GIFT TO ALL STUDENTS) PARTICIPATE IN A VIRTUAL REALITY SPECIALLY CONSTRUCTED LEARNING SPACE, FOLLOWED BY CREATIVE WORKSHOP TO ADAPT THEIR OWN LEARNING SPACE AND AVATAR AND AN IMMERSIVE LANGUAGE PRACTICE SESSION.  
STIMULATING NEW-TECH WAY OF IMMERSIVE LEARNING AND LANGUAGE PRACTICE

## WRITING SKILLS - ONLINE

WRITING COACHING FOR ONLINE MEDIA: TECHNIQUES, FUNCTIONAL LANGUAGE AND PRACTICE  
TRAINING AND INFORMING STUDENTS ON WRITING IN THE DIGITAL AGE; IMPROVING QUALITY AND APPROPRIACY OF LANGUAGE OUTPUT AND DEVELOPING THEIR SKILLS TO WORK, COMMUNICATE AND PRESENT THEMSELVES IN ENGLISH IN THE VIRTUAL REALM

## SELF-GUIDED LEARNING

DEMONSTRATION AND PRACTICE AND EVALUATION OF SELF-GUIDED LEARNING WEBSITES, TOOLS AND APPS AND OTHER RESOURCES.  
PROMOTING INDEPENDENCE IN LANGUAGE LEARNING AND SKILLS DEVELOPMENT.

## PROGRAMME OBJECTIVES

THIS PROJECT-BASED LEARNING PROGRAMME CONSISTS OF A PRE-ARRIVAL BLENDED LEARNING COURSE, GUIDED WORKSHOPS AND A GROUP RESEARCH PROJECT. IT IS DESIGNED TO:

- ENABLE TECHNOLOGY-ASSISTED SELF-GUIDED LEARNING, MAKING THE MOST OF DIGITAL RESOURCES AND TOOLS
- MAXIMISE THE POTENTIAL FOR STUDENTS TO DEVELOP THEIR LANGUAGE AND COMMUNICATION SKILLS AS PART OF ONLINE, BLENDED OR TECHNOLOGY-ASSISTED CLASSROOM LEARNING
- HELP ITS PARTICIPANTS TO BECOME MORE INFORMED INTERNET AND TECHNOLOGY USERS
- MAKE PARTICIPANTS AWARE OF THE POTENTIAL, AND BEST WAYS TO EXPLOIT, VARIOUS DIGITAL LEARNING RESOURCES AVAILABLE TO THEM
- PROMOTE A CONSCIENTIOUS APPROACH TO ONLINE ACTIVITY AND A CRITICAL AWARENESS OF MODERN LEARNING RESOURCES WITH A VIEW TO ENCOURAGING SAFE AND PRODUCTIVE DIGITAL LEARNING

## PRE-ARRIVAL BLENDED LEARNING COURSE

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## GROUP PROJECT SESSIONS

THROUGHOUT THE 2-WEEK PROGRAMME PARTICIPANTS WILL WORK TOGETHER IN SMALL GROUPS TO RESEARCH AND INVESTIGATE A TOPIC WHICH THEY WILL PRESENT ON THE FINAL DAY. PARTICIPANTS WILL BUILD E-PORTFOLIOS AND RECORD DAILY VIDEO DIARIES OF THEIR REFLECTIONS, LEARNINGS AND EXPERIENCES



# ERASMUS+ HIGH SCHOOL PROGRAMME

## DIGITAL TECHNOLOGY FOR LEARNING

### Sample itinerary

<b>CLASS TIMES</b>  <b>MORNING</b> <b>9.00 - 10.30</b> <b>11.00 - 12.30</b>  <b>AFTERNOON</b> <b>13.30 - 15.30</b>	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Arrival & introduction to host family	Programme orientation	Workshop: Virtual Tour Presentations using Augmented Reality	Workshop: The SEN Perspective	Workshop: The Language of Inclusion	Guest Speaker & Discussion: A Migrant's Story	Full Day Excursion
		Digital Native: Needs Analysis					
		Walking Tour of Galway city with Digital Project: Create an Interactive Virtual Tour	Team-building Activity: Making Interactive Content as part of Virtual Tour	½ day excursion	Group project workshop: Analysis of Learning Technology	Creative Project: Develop your own App	
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Free Day	Time for Gaming: Gamification techniques, benefits and resources	Virtual Reality Workshop	Writing & Critical Thinking Online: Guide to Resources Available	Self-Guided Learning: An Investigation; Demos & Samples of Resources	Presentation of Group Research Projects	Departure
		Project Workshop: Assess and Compare gamified learning tools	Creative Workshop: Create your personal Digital Space	½ day excursion	Group project workshop: Connect, compete & evaluate on self-guided learning apps & programmes	Free time	

# ERASMUS+ THIS DIGITAL LIFE

## NETIQUETTE 1 & 2

WHAT IS VALUE-BASED DIGITAL CITIZENSHIP?  
EXPLORING THE IDEA THAT THE INTERNET IS AN EXPANSION OF SOCIETY  
THINK BEFORE YOU TYPE: LEARN TO FOSTER & MAINTAIN DIGNITY, CULTURAL RESPECT AND TOLERANCE ONLINE  
ETHICS AND ETIQUETTE OF ONLINE BEHAVIOUR  
CASE STUDIES OF THE IMPACT OF POSITIVE & NEGATIVE ONLINE BEHAVIOUR

## SOCIAL MEDIA: TO POST OR NOT TO POST

SOCIAL MEDIA ALLOWS US TO DECIDE AND CONTROL HOW WE PRESENT OURSELVES TO THE WORLD.  
PARTICIPANTS WILL ANALYSE PROS AND CONS OF POSTING ABOUT DIFFERENT ASPECTS OF THEIR LIVES  
ASSESS YOUR DIGITAL FOOTPRINT: IS IT AN ACCURATE REPRESENTATION OF WHO YOU ARE IN IRL?  
LEARN TO USE SOCIAL MEDIA CREATIVELY (DESIGN TOOLS TUTORIAL)

## DIGITAL PRIVACY

HOW DO WE PROTECT OUR SECURITY, PRIVACY AND DATA ONLINE.  
LEARN TO UNDERSTAND THE POWER OF DATA  
INVESTIGATE WHETHER THE BENEFITS OF A NEW TECHNOLOGY OR APP OUTWEIGH PRIVACY RISK

## POSITIVE ONLINE COMMUNICATION

GUIDED GROUP WORKSHOP  
LEARN TO CONNECT WITH A DIGITAL AUDIENCE  
ONLINE COMMUNICATION CAN BE FRAUGHT - LEARN EMPATHETIC COMMUNICATION STRATEGIES

## RECOGNISING POLARISED MEDIA

DIGITAL MEDIA LITERACY WORKSHOP: BETTER INFORMATION ENABLES US TO BE BETTER DECISION MAKERS.  
DEFINE "DISINFORMATION" AND EXPLORE THE CONSEQUENCES OF SPREADING MISINFORMATION ONLINE.  
LEARN TO APPLY STRATEGIES TO VERIFY THE ACCURACY OF INFORMATION & VIDEOS ONLINE.  
LOOK AT EXAMPLES OF CONFIRMATION BIAS AND WHY IT HAPPENS

## MIND YOUR MIND

LEARN A DIGITAL HEALTH CHECK ROUTINE  
RECOGNISE HOW SOCIAL MEDIA MAKES YOU FEEL AND LEARN HOW TO MAINTAIN EMOTIONAL WELL-BEING ONLINE

## ONLINE COMMUNITIES, CIVIC ENGAGEMENT

EXPLORE CHANGE-MAKER CULTURE & LEARN HOW TO ADVOCATE AND ENGAGE PRO-ACTIVELY WITH ONLINE CAMPAIGNS  
LEARN TO RECOGNISE AND AVOID FILTER BUBBLES

## PROGRAMME OBJECTIVES

THIS PROJECT-BASED LEARNING PROGRAMME CONSISTS OF A PRE-ARRIVAL BLENDED LEARNING COURSES, GUIDED WORKSHOPS AND A GROUP RESEARCH PROJECT. IT IS DESIGNED TO ALLOW:

- THE OPPORTUNITY TO DEVELOP CRITICAL-THINKING AND DIGITAL LITERACY SKILLS
- PARTICIPANTS TO TAKE OWNERSHIP OF THEIR DIGITAL LIVES AND TO BECOME ACTIVELY ENGAGED CITIZENS OF THE EU

## PRE-ARRIVAL BLENDED LEARNING COURSE

PRIOR TO ARRIVAL, PARTICIPANTS WILL BE ASKED TO COMPLETE A BLENDED LEARNING COURSE WHICH CONSISTS OF A COMBINATION OF ASYNCHRONOUS AND SYNCHRONOUS TEACHING AND LEARNING. THIS COURSE WILL PREPARE THE PARTICIPANTS TO TAKE PART IN THE PROJECT BY EXPLORING SOME OF ITS CENTRAL THEMES.

## GROUP PROJECT SESSIONS

THROUGHOUT THE 2-WEEK PROGRAMME PARTICIPANTS WILL WORK TOGETHER IN SMALL GROUPS TO RESEARCH AND INVESTIGATE A TOPIC WHICH THEY WILL PRESENT ON THE FINAL DAY. PARTICIPANTS WILL BUILD E-PORTFOLIOS AND RECORD DAILY VIDEO DIARIES OF THEIR REFLECTIONS, LEARNINGS AND EXPERIENCES

# ERASMUS+ MINI-STAY PROGRAMME

## THIS DIGITAL LIFE

Sample itinerary



<b>CLASS TIMES</b>  <b>MORNING</b> <b>9.00 - 10.30</b> <b>11.00 - 12.30</b>  <b>AFTERNOON</b> <b>13.30 - 15.30</b>	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Arrival & introduction to host family	Introduction to digital citizenship? What's your digital life like? Meet with partner school group	Netiquette 1  Form project groups	Social Media: To Post or not to post Curating your social media presence Protecting your online reputation	Digital privacy & security Online safety  Risk assessment for new technologies	Netiquette 2	Full Day Excursion to Aran Islands (video diaries)
		Walking Tour of Galway city	Team-building Activity	½ day excursion	Group project workshop	Group project workshop	
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Free Day	Recognising polarised media and disinformation Challenge confirmation bias	Mind your mind: Digital Health & Wellness	Social networking, online communities & civic engagement	Positive Online communication	Presentation of group action projects & end of programme reflections	Departure
		Group project workshop	Yoga & Mindfulness Workshop	½ day excursion	Group project workshop	Free time	



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# ERASMUS+ INCLUSION FOR ALL

COMMON GOALS	EXAMINING THE EU CHARTER FOR DIVERSITY WITH RELEVANT COUNTRY IMPLEMENTATIONS WORKSHOP ON OUR COUNTRY FOLLOWED BY ASSIGNATION OF RELATED PROJECT WORK USING MESSAGING SKILLS
A CHANGING SOCIAL CONTEXT FOR GEN Z	WORKSHOP DISCUSSION ON SOCIETAL, FAMILIAL AND CULTURAL TRENDS – A HISTORICAL PERSPECTIVE
THE SEN PERSPECTIVE	EXERCISES IN EMPATHY AND UNDERSTANDING OF SPECIAL NEEDS IN THE CLASSROOM
A MIGRANT'S STORY	WEBINAR/GUEST SPEAKER FOLLOWED BY WORKSHOP DISCUSSION OF IMMIGRATION & ASYLUM
THE LANGUAGE OF INCLUSION	GUIDE TO 21ST CENTURY TERMINOLOGY WITH FOCUS ON INCLUSION, LGBTQ PHRASEOLOGY, CORRECTIONS TO PREJUDICIAL TERMS, INCLUDING DATA ANALYSIS OF TERM USAGE IN CONTEXT AND TRENDS THROUGHOUT PUBLISHING PERIODS
MEDIATION	FOCUS ON MEDIATION CEFR COMPETENCIES AND COMMUNICATIVE ABILITIES IN CONTEXT EXERCISES IN MEDIATING A MESSAGE.
EXPRESS YOURSELF	GUIDE TO MANAGING EMOTIONS AND ANXIETY AND MAINTAINING COMMUNICATION IN DIFFICULT SITUATIONS
UNSOCIAL MEDIA	EXPLORATION OF BEHAVIOURS ON SOCIAL MEDIA AND EFFECTS ON THE INDIVIDUAL, WITH EXAMINATION OF DATA, CITING EXPERT RESEARCH. WORKSHOP EXPLORING HEALTHY USAGE OF SOCIAL MEDIA ACTIVITY AND EXPLORATION OF SOCIETAL CHANGES DUE TO INCREASED PERVASIVENESS OF SOCIAL MEDIA.
A POSITIVE MINDSET	LINGUISTIC EXPLORATION, FROM TECHNICAL LANGUAGE ASPECTS TO ROLE-PLAY, OF HOW LANGUAGE CHOICES CAN PROFONUDLY INFLUENCE MINDSETS, RELATIONSHIPS AND OPPORTUNITIES.

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- PROMOTE AWARENESS OF THE IMPORTANCE, PRIORITIES AND CHALLENGES IN CREATING A FULLY AND SUSTAINABLY INCLUSIVE CLASSROOM ENVIRONMENT
- FACILITATE STUDENTS BECOMING CONSCIENTIOUS AND EMPATHIC PARTICIPANTS IN INCLUSIVE LEARNING
- ENABLE COMMUNICATION SKILLS CONTRIBUTING TO A LEARNING ENVIRONMENT WHERE ALL PARTICIPANTS CAN PARTICIPATE POSITIVELY
- PROMOTE UNDERSTANDING OF THE SOCIO-POLITICAL CLIMATE IN A MODERN CONTEXT AND HOW THAT APPLIES TO CLASSROOM INCLUSIVITY
- DEVELOP A MORE ROUNDED LEARNING ABILITY FOR STUDENTS IN MODERN, INCLUSIVE CLASSROOMS
- FACILITATE PRACTICAL, COLLABORATIVE STEPS TO IMPROVE INCLUSIVITY IN STUDENTS' OWN ENVIRONMENTS

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# ERASMUS+ HIGH SCHOOL PROGRAMME

## INCLUSION FOR ALL



### Sample itinerary

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	Arrival & introduction to host family	Introduction & Outcome Setting Workshop  Seminar: Common Goals	Workshop: A Changing Social Context for Gen Z	Workshop: The SEN Perspective	Workshop: The Language of Inclusion	Guest Speaker & Discussion: A Migrant's Story	Full Day Excursion
		Walking Tour of Galway city with Digital Project: Create an Interactive Virtual Tour	Team-building Activity	½ day excursion	Group project workshop	Creative Project	
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Free Day	Workshop & Practice Session: Mediation	Seminar: Express Yourself	Workshop: Unsocial Media	Presentation & Discussion: A Positive Mindset	Course Review & Project Presentations	Departure
		Project Workshop	Creative Workshop	½ day excursion		Free time	



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# ERASMUS+ WHAT DOES IT MEAN TO BE EUROPEAN?

WHAT DOES EUROPEAN IDENTITY MEAN TO YOU?

DO YOU FEEL EUROPEAN? WHAT DOES THAT ACTUALLY MEAN? DIFFERING PERSPECTIVES OF EUROPEAN IDENTITY ACROSS COUNTRIES AND BACKGROUNDS.

THE HISTORICAL PERSPECTIVE

WHAT HAS BEEN THE VIEW OF EUROPE THROUGH THE AGES? IS THE IDEA OF AN INTEGRATED EUROPE (AND A EUROPEAN IDENTITY) RELATIVELY NEW?

EUROPEAN INTEGRATION

WHEN DID THE POOLING OF SOVEREIGNTY BEGIN? EXPLORES WHAT INTEGRATION COVERS AND ITS IMPACT

COMMON EUROPEAN VALUES

HUMAN DIGNITY, FREEDOM, DEMOCRACY, EQUALITY, THE RULE OF LAW AND RESPECT FOR HUMAN RIGHTS.

SYMBOLS OF EU IDENTITY

WHAT DOES THE EUROPEAN FLAG STAND FOR? EXPLORE OTHER SYMBOLS OF EUROPE

THE EU'S ROLE IN OUR DAILY LIVES

WHAT ROLE DOES THE EU PLAY IN OUR DAILY LIVES? MORE OR LESS THAN YOU THOUGHT?

EUROPEAN IDENTITY VS NATIONAL IDENTITY

WHICH ONE TAKES PRECEDENCE? OTHER IDENTITIES AND HOW THEY INFLUENCE OUR OWN AND OTHERS' UNDERSTANDING OF WHO WE ARE.

EURO-SCEPTICISM & BREXIT

WHY ARE SOME PEOPLE AGAINST AN INTEGRATED EUROPE? WHY DID BRITAIN VOTE TO LEAVE THE EU?

THE FUTURE OF EUROPEAN IDENTITY

HOW WILL THE PANDEMIC IMPACT EUROPE? WILL THE IDEA OF A EUROPEAN IDENTITY ALTER IN THE YEARS TO COME?

## PROJECT OBJECTIVES

THIS PROJECT-BASED LEARNING PROGRAMME CONSISTS OF A PRE-ARRIVAL BLENDED LEARNING COURSE, GUIDED WORKSHOPS AND A GROUP RESEARCH PROJECT. IT IS DESIGNED TO ALLOW:

- PARTICIPANTS TO EXPLORE TOPICS SURROUNDING EUROPEAN IDENTITY
- THOUGHT ON WHAT BEING A EUROPEAN ACTUALLY MEANS
- INVESTIGATION ON HOW THE EU IMPACTS US DIRECTLY AS INDIVIDUALS
- SPECULATION ON THE FUTURE OF EUROPE

## PRE-ARRIVAL BLENDED LEARNING COURSE

PRIOR TO ARRIVAL, PARTICIPANTS WILL BE ASKED TO COMPLETE A BLENDED LEARNING COURSE WHICH CONSISTS OF A COMBINATION OF ASYNCHRONOUS AND SYNCHRONOUS TEACHING AND LEARNING. THIS COURSE WILL PREPARE THE PARTICIPANTS TO TAKE PART IN THE PROJECT BY EXPLORING SOME OF ITS CENTRAL THEMES.

## GROUP PROJECT SESSIONS

THROUGHOUT THE 2-WEEK PROGRAMME PARTICIPANTS WILL WORK TOGETHER IN SMALL GROUPS TO RESEARCH AND INVESTIGATE A TOPIC WHICH THEY WILL PRESENT ON THE FINAL DAY. PARTICIPANTS WILL BUILD E-PORTFOLIOS AND RECORD DAILY VIDEO DIARIES OF THEIR REFLECTIONS, LEARNINGS AND EXPERIENCES



# ERASMUS+ HIGH SCHOOL PROGRAMME

## WHAT DOES IT MEAN TO BE EUROPEAN?

### Sample itinerary

<b>CLASS TIMES</b>  <b>MORNING</b> <b>9.00 - 10.30</b> <b>11.00 - 12.30</b>  <b>AFTERNOON</b> <b>13.30 - 15.30</b>	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Arrival & introduction to host family	Programme orientation  What does European identity mean to you?	The historical perspective of Europe  Form project groups	European integration	Common European values	Symbols of EU identity	Full Day Excursion to Aran Islands (video diaries)
		Walking Tour of Galway city	Team-building Activity	½ day excursion	Group project workshop	Group project workshop	
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Free Day	The EU's role in our daily lives	TEuropean identity vs national identity	Euroscepticism & Brexit	The future of European identity	Presentation of group action projects & end of programme reflections	Departure
		Group project workshop	Yoga & Mindfulness Workshop	½ day excursion	Group project workshop	Free time	

# ERASMUS+ WHAT DOES THE EU DO FOR US?

EU QUIZ: TEST YOUR KNOWLEDGE

HOW WELL DO YOU THINK YOU KNOW THE EU? LET'S FIND OUT!

THE SINGLE MARKET: WHAT DOES IT ACTUALLY MEAN?

THE EU SAYS IT IS THEIR SINGLE GREATEST ACHIEVEMENT BUT WHAT DOES IT ACTUALLY MEAN?

TRAVEL & WORK

FREEDOM OF MOVEMENT, THE RIGHT TO RESIDE AND THE RIGHT TO LOOK FOR EMPLOYMENT.

FOOD STANDARDS: QUALITY, ANIMAL HEALTH & WELFARE, ANIMAL NUTRITION AND PLANT HEALTH

HOW IS THE EU INVOLVED IN WHAT ENDS UP ON YOUR PLATE? IT'S NOT ALL ABOUT BENDY BANANAS!

PROTECTING THE ENVIRONMENT

THE AIM OF THE EU'S ENVIRONMENTAL POLICY IS TO ENSURE THAT BY 2050 WE ARE LIVING WELL, WITHIN THE LIMITS OF THE PLANET. HOW DO THEY INTEND TO ACHIEVE THIS?

CONSUMER RIGHTS: HOW DOES THE CONSUMER RIGHTS DIRECTIVE PROTECT US?

WHAT KEY RIGHTS ARE PROTECTED FOR CONSUMERS?

HOW DOES THE EU GUARANTEE OUR FUNDAMENTAL HUMAN RIGHTS?

WHAT FACTORS ARE KEY IN MAKING THE EU A POSITIVE FORCE FOR HUMAN RIGHTS?

TRAINING & SUPPORT. YOU WOULDN'T BE HERE WITHOUT IT!

ERASMUS+, HIGHER EDUCATION MOBILITY AND OTHER FUNDING OPPORTUNITIES...

PEACE AND SECURITY

HOW DOES THE EU PROMOTE PEACE AND SECURITY WITHIN EUROPE AND BEYOND?

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- PARTICIPANTS TO EXPLORE TOPICS SURROUNDING THE EU'S INVOLVEMENT IN OUR DAILY LIVES
- THE IMPACT WE CAN MAKE AS INDIVIDUALS
- INVESTIGATION INTO WHAT INTERNATIONAL AGREEMENTS ARE IN PLACE AND WHAT THEY MEAN
- SPECULATION ON THE FUTURE

## PRE-ARRIVAL BLENDED LEARNING COURSE

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# ERASMUS+ HIGH SCHOOL PROGRAMME

## WHAT DOES THE EU DO FOR US?

### Sample itinerary

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	Arrival & introduction to host family	Programme orientation  EU quiz: test your knowledge	The single market: what does it actually mean?  Form project groups	Travel & work	Food standards: quality, animal health & welfare, animal nutrition and plant health	Protecting the environment	Full Day Excursion to Aran Islands (video diaries)
		Walking Tour of Galway city	Team-building Activity	½ day excursion	Group project workshop	Group project workshop	
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Free Day	Consumer rights: how does the consumer rights directive protect us?	How does the EU guarantee our fundamental human rights?	Training & support. You wouldn't be here without it!	Peace and security	Presentation of group action projects & end of programme reflections	Departure
		Group project workshop	Yoga & Mindfulness Workshop	½ day excursion	Group project workshop	Free time	



# ERASMUS+ EXPLORING EU CORE VALUES

INTEGRAL VALUES	WHAT VALUES ARE AN INTEGRAL PART OF OUR EUROPEAN WAY OF LIFE?
THE TREATY OF LISBON	WHY IS IT IMPORTANT AND WHAT DOES IT ALLOW THE EU TO DO?
THE CHARTER OF FUNDAMENTAL RIGHTS	THE EU CHARTER OF FUNDAMENTAL RIGHTS SETS OUT CERTAIN POLITICAL, SOCIAL AND ECONOMIC RIGHTS THAT EU INSTITUTIONS MUST RESPECT.
HUMAN DIGNITY	THE DIGNITY OF THE HUMAN PERSON IS NOT ONLY A FUNDAMENTAL RIGHT IN ITSELF BUT CONSTITUTES THE REAL BASIS OF FUNDAMENTAL RIGHTS.
FREEDOM	FREEDOM OF MOVEMENT AND OTHER INDIVIDUAL RIGHTS PROTECTED BY THE EU.
DEMOCRACY	WHAT POLITICAL RIGHTS DOES BEING A MEMBER OF THE EU ALLOW YOU TO ENJOY?
EQUALITY	EQUALITY IS ABOUT EQUAL RIGHTS FOR ALL CITIZENS BEFORE THE LAW.
RULE OF LAW	GOVERNMENTS SHOULD BE BOUND BY LAW AND SHOULD NOT TAKE ARBITRARY DECISIONS. CITIZENS SHOULD BE ABLE TO CHALLENGE THEIR ACTIONS IN INDEPENDENT COURTS.
HUMAN RIGHTS	THE RIGHT TO BE FREE FROM DISCRIMINATION ON THE BASIS OF SEX, RACIAL OR ETHNIC ORIGIN, RELIGION OR BELIEF, DISABILITY, AGE OR SEXUAL ORIENTATION, THE RIGHT TO THE PROTECTION OF YOUR PERSONAL DATA, AND OR THE RIGHT TO GET ACCESS TO JUSTICE

## PROJECT OBJECTIVES

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- ITS PARTICIPANTS TO EXPLORE THE EU'S CORE VALUES
- THOUGHT ON HOW THESE VALUES ARE INTEGRAL TO OUR WAY OF LIFE
- INVESTIGATION INTO LEGAL AGREEMENTS DEFINING THESE VALUES
- DISCOVERY OF HOW THESE VALUES IMPACT INDIVIDUALS

## PRE-ARRIVAL BLENDED LEARNING COURSE

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# ERASMUS+ HIGH SCHOOL PROGRAMME

## EXPLORING EU CORE VALUES

### Sample itinerary

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	Arrival & introduction to host family	Programme orientation  Integral values	The Treaty of Lisbon  Form project groups	The Charter of Fundamental Rights	Human dignity	Freedom	Full Day Excursion to Aran Islands (video diaries)
		Walking Tour of Galway city	Team-building Activity	½ day excursion	Group project workshop	Group project workshop	
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Free Day	Democracy	Equality	Rule of law	Human rights	Presentation of group action projects & end of programme reflections	Departure
		Group project workshop	Yoga & Mindfulness Workshop	½ day excursion	Group project workshop	Free time	